

Youth Activity Classes — Elementary

Children's Fitness and Coordination Classes

Class Schedule

One eight-week session

- June 2-Aug. 2 (unless otherwise stated)

Class Information

- **All classes are introductory.** Instructors are subject to change.
- Children must be the age indicated as of the first day of class. See pages 4-5 for registration information.
- Participants must be able to work in a classroom setting without a parent or guardian for up to one hour.
- Child must be able to respond to oral directions from an instructor.
- Participants limited to one class per session at RMMC.
- There will be a \$5 non-refundable administrative fee for each class cancellation (included in class fee).
- Fee assistance is not available for the Elementary/Youth Activity Classes.

Classes take place at:

- Red Mountain Multigenerational Center (RMMC, 7550 E. Adobe)
- Broadway Recreation Center (BRC, 59 E. Broadway)
- USA Gymnastics (USA, 1866 S. Fraser)
- Webster Recreation Center (WEB, 202 N. Sycamore)

Information:

- Call **480-644-4804** for information on classes at RMMC
- Call **480-644-3654** or **480-644-5143** for classes held at BRC, USA or WEB.

NOTE: Due to budget limitations, some classes or programs previously offered by the City of Mesa will no longer be available. If you cannot find a specific class you are looking for, please call our staff at the information numbers listed within that section.

Gymnastics/Exercise

CHILDREN'S TUMBLING Introduction to basic tumbling skills. Two four-week sessions.

Session 1 Session 2

June 2-28 July 7-Aug. 2

314130-11 314130-21 M 5-5:50p RMMC 5-6 yrs \$16
314130-12 314130-22 W 5-5:50p RMMC 5-6 yrs \$16

BEGINNING GYMNASTICS Participants will be exposed to quality instruction in Olympic gymnastic events: uneven bars, balance beam, vault, and trampoline, plus floor exercise. Class size is limited. All classes are co-ed. An additional fee of \$15 will be paid to USA at the first class meeting.

1st Session 2nd Session

June 2-28 July 7-Aug. 2

514140-15 514140-25 M 5:30-6:30p USA 6-10 yrs \$14
514140-16 514140-26 M 6:30-7:30p USA 6-10 yrs \$14
514140-17 514140-27 W 4-5p USA 6-10 yrs \$14
514140-18 514140-28 W 5-6p USA 6-10 yrs \$14

BEGINNING GYMNASTICS/INTRO TO DANCE COMBO CLASS Learn basic movement skills of dance along with gymnastics, in one-hour classes. Two classes per week. An additional fee of \$15 will be paid to USA at the first class meeting.

1st Session 2nd Session

June 2-28 July 7-Aug. 2

514141-12 514141-22 Th 5-6p USA 6-12 yrs \$14

Dance

JAZZ/BALLET Combination class for little dancers. Soft-soled shoes recommended. Class meets eight weeks, *June 2-Aug. 2*. Instructor: Hernandez

314144-14 W 5-5:50p RMMC 6-8 yrs \$27
314144-15 Sa 11-11:45a RMMC 6-8 yrs \$27

HAWAIIAN HULA FOR CHILDREN (KEIKI) In this fun class, children learn Hawaiian hula, songs and language. Class size limited. Nominal fee paid to instructor for crafts and supplies. Class meets eight weeks, *June 7-Aug. 2*. No class July 5. Instructor: Moore
354171-11 Sa 11:30a-12:30p RMMC 5-12 yrs \$27

MINI JAZZ This class will focus on basic jazz technique and dance combinations. Soft-soled shoes recommended. Class meets eight weeks, *June 2-Aug. 2*. Instructor: Hernandez or Rivera
314143-11 T 5-5:50p RMMC 6-8 yrs \$27
314143-12 Sa 11-11:45a RMMC 6-8 yrs \$27

HIP HOP EXPLOSION Learn great coordination and have fun in this high energy Hip Hop class. Class meets eight weeks, *June 2-July 26*. Instructor: Hernandez
314142-11 Sa 11:45a-12:30p RMMC 10 & older \$27

HIP HOP WORKSHOP One day workshop only! Time to add a little groove to your step. This one-day workshop will introduce you to various hip techniques and basic break-dancing moves. No refunds. Instructor: Hawkinson

524118-12 Sa 6-21 9-10:30a MSC 7-11yrs \$15
524118-22 Sat 7-19 9-10:30a MSC 7-11yrs \$15

Karate

KARATE/ BEGINNING Traditional Japanese martial art. Emphasis on the development of basic technique and form. Students will benefit from physical conditioning, improved mental concentration and self confidence. Class size limited. Two classes per week. Class meets eight weeks, *June 2-July 23*. Instructor: Schaefer
304101-11 M,W 6-7p RMMC 6 & older \$48

KARATE/BEGINNING Karate is known for improving almost all areas of life; from the classroom to the playing field. This award-winning program teaches body control and coordination with emphasis on discipline and sportsmanship. Two classes per week. Instructor: Gilbert

504101-11 T,Th 6-7p BRC 5-7 yrs \$48
504102-11 T,Th 7-8p BRC 8-12 yrs \$48

KARATE/INTERMEDIATE Continue learning the skills and progressing at own pace. With the "basics" learned, this class is fun, exciting, and very challenging. Must have instructor approval. Yellow belt and up. Two classes per week. Instructor: Gilbert
504129-11 M,W 6-7p BRC 7 & older \$48

Pom & Cheer

POM & CHEER/BEGINNING Have fun learning basic moves, chants, stunts and dance routines. Poms provided. Class meets eight weeks, *June 2-Aug. 2*. No class July 5. Instructor: Gearhart or Brady
314132-11 Sa 9-10a RMMC 6-9 yrs \$27
314132-12 Sa 10-11a RMMC 10-14 yrs \$27
314132-13 W 3-3:50p RMMC 6-9 yrs \$27

BATON Baton twirling will help your child develop confidence, poise, stage presence, strength, flexibility, coordination, and best of all, it's FUN! Your child will learn basic twirls, tosses, marching, and a routine that they can show family and friends. Child will be fitted for a baton at the first class. Store-bought batons cannot be used, as they are too big for a child's hands and not weighted properly. Bring \$24 cash to first class for baton purchase. Instructor: Walker

514142-11 T 9-10a BRC 5-8 yrs \$28
514142-12 T 10-11a BRC 9-12 yrs \$28
514142-13 T 11a-12p BRC 13& older \$28
514142-14 F 9-10a WEB 5-8 yrs \$28
514143-15 F 10-11a WEB 9-12 yrs \$28
514143-16 F 11a-12p WEB 13& older \$28

Elementary Schools

Adams1	Lindbergh31	Porter40	Taft49
Alma2	Longfellow32	Red Mountain Ranch41	Washington50
Augusta Ranch3	Lowell33	Redbird42	Webster51
Boulder Creek4	MacArthur34	Robson43	Whitman52
Brinton5	Madison35	Roosevelt44	Whittier53
Bush6	Mendoza36	Salk45	Wilson54
Crismon7	O'Connor37	Sirrine46	Zaharis55
Edison8	Patterson38	Sousa47	Victory Lutheran Church ...x
Eisenhower9	Pomeroy39	Stevenson48	
Emerson10			
Entz11			
Falcon Hill12			
Field13			
Frost14			
Guerrero15			
Hale16			
Hawthorne17			
Hermosa Vista18			
Highland19			
Holmes20			
Irving21			
Ishikawa22			
Jefferson23			
Johnson24			
Jordan25			
Keller26			
Kerr27			
Las Sendas28			
Lehi29			
Lincoln30			

